## SIZING

Chef Works has the perfect fit for you. We've provided you with three easy-to-follow steps outlined below.

Please note our proprietary designs give Chef Works garments individual fits to allow for maximum comfort and function.

## FIND YOUR PERFECT FIT IN 3 EASY STEPS

How do you want your garment to fit? Choose your fit from the color-coded charts shown
on the next few pages.

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What are your measurements? All of our garment size charts refer to actual chest, waist or hip measurements. Match yours to our charts to find your size.

## MEASUREMENT GUIDELINES

To get the best fit, stand straight and relax. With a measuring tape, use the illustration shown at the right as a guide and follow instructions below.

CHEST: Measure all the way around your body from the fullest part of the chest/bust with your arms down.

WAIST: Measure around your natural waistline above the hips.
HIPS: Measure around the widest part of your hips.
INSEAM: Measure from the base of the crotch to the bottom of your heel.


## MEN'S SIZING

## MEN'S COATS

| Modern Fit |
| :--- |
| Tailored fit, cut slim through the chest and body. |
| Classic Fit |
| Wider cut through the chest; wider sleeves for increased flexibility. |

## MEN'S SHIRTS

|  | $\sqrt{1}$ | Modern Fit <br> Tailored fit, cut close through the chest, slimmed sleeves. |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Classic Fit <br> Broadly cut across the shoulders, cut wide through the chest and body, loose-fitting sleeves. |  |  |  |  |  |  |  |  |  |  |
|  |  | Form Fit <br> A polished fit with stretch fabrics that silhouette the body. |  |  |  |  |  |  |  |  |  |  |
| MEN'S/UNISEX SHIRTS |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Chest (in) | 32/34 | 36/38 | 40/42 | 44/46 | 48/50 | 52/54 | 56/58 | 60/62 | 64/66 | 68/70 | 72/74 |
|  | Size | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL | 6XL | 7XL |
|  | Chest (cm) | 81/86 | 91/97 | 102/107 | 112/117 | 122/127 | 132/137 | 142/147 | 152/157 | 163/168 | 173/178 | 183/188 |

## MEN'S PANTS

Modern Fit
Sits on natural waist, straight silhouette through the thigh and leg for a clean look, 32.5" inseam. Straight 19" leg opening.

## WOMEN'S SIZING

## WOMEN'S COATS

Slim Fit
Updated feminine fit skims the body for a form-fitting look.
Classic Fit
Relaxed fit tailored to the female form without compromising professional look.

## WOMEN'S SHIRTS

|  |  | Form Fit <br> A polished fit with stretch fabrics that fit snuggly to the curve of the body. |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Slim Fit <br> Figure-defining silhouette offers a sleeker, slimming fit. |  |  |  |  |  |  |  |  |
|  | $\sqrt{5}$ | Modern Fit <br> Tailored for a feminine fit with a slightly relaxed silhouette. |  |  |  |  |  |  |  |  |
|  | QE | Classic Fit <br> Easy fit silhouette skims the body with an updated drape for a professional, pulled together look. |  |  |  |  |  |  |  |  |
|  | WOMEN'S SHIRTS |  |  |  |  |  |  |  |  |  |
|  | Chest (in) | 30/32 | 34/36 | 38/40 | 42/44 | 46/48 | 50/52 | 54/56 | 58/60 | 62/64 |
|  | Size | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |
|  | Chest (cm) | 76/81 | 86/91 | 97/102 | 107/112 | 117/122 | 127/132 | 137/142 | 147/152 | 157/163 |

## WOMEN'S PANTS

| Slim Fit |
| :--- |
| Sits at hip, fitted silhouette through the thigh and leg for a slim look, 32" inseam. Tailored 16" leg opening. |
| Sodern Fit |
| Sits on natural waist, streamlined silhouette through the thigh and leg for a polished look, 31" inseam. |
| Slight bootcut 18.5" leg opening. |

